

Date: 3/21/2020

## COVID-19 UPDATE FOR MONTGOMERY COUNTY

MONTGOMERY COUNTY – Montgomery County Public Health District, in conjunction with Montgomery County Office of Emergency Management, can confirm Montgomery County's 13<sup>th</sup> positive case of COVID-19. She is a woman in her 30s, who resides in Northwest Montgomery County. She is in isolation at home. She has no recent travel history.

Here are updates on Montgomery County's current cases:

Case # 1 - A man in his 40s, who resides in Northwest Montgomery County, is still hospitalized. He remains in critical condition, but he is stable and showing some improvement. As a result of our investigation, we do believe he contracted the virus as a result of community spread. (reported 03/10/2020)

Case # 2 - A woman, in her 40s, who resides in Southeast Montgomery County. She remains in a hospital in Harris County, in critical condition. Her only travel was to New Orleans. (reported 3/12/2020)

Case # 3 - A man, in his 40s, who resides in Northwest Montgomery County. He is at home, recovering well. His only travel was to Florida. (reported 3/12/2020)

Case # 4 - A woman, in her 40s, who resides in Northwest Montgomery County. She remains at home, doing well. Her case is connected to Case # 3. (reported 3/14/2020)

Case # 5 - A man, in his 50s, who resides in Southwest Montgomery County. He is in isolation in his home. The man has recently traveled to California. (reported 3/17/2020)

Case # 6 - A man, in his 40s, who resides in Southwest Montgomery County. At this time, he is in isolation in his home. The man has recently traveled to California. (reported 3/18/2020)

Case # 7 – A woman, in her 60s, who resides in Northwest Montgomery County. At this time, she is in isolation in her home. She has no recent travel history, and no known contact with other patients. (reported 3/18/2020)

Case #8 – A woman, in her 40s, who resides in Southeast Montgomery County. At the time, she is in isolation in her home. She has recently traveled to Germany. (reported 3/19/2020)

Case # 9 – A man, in his 50s, who resides in Southwest Montgomery County. He is currently hospitalized in critical but stable condition. His travel history is under investigation. (reported 3/19/2020)

Case # 10 - A woman in her 50s, who resides in Southeast Montgomery County. She is in isolation at home. She did attend the Houston Livestock Show & Rodeo on Sunday, March  $8^{th}$ . (reported 3/20/2020)

Case # 11 - A man in his 90s, who resides in Southwest Montgomery County. He is currently hospitalized. He has no recent travel history. (reported 3/20/2020)

Case # 12 - A man in his 50s, who resides in Southwest Montgomery County. He is in isolation at home. He recently traveled to Brazil. (reported 3/20/2020)

Case # 13 – A woman in her 30s, who resides in Northwest Montgomery County. She is in isolation at home. She has no recent travel history. (reported 3/21/2020)

The current CDC recommendation is that the majority of people who contract this virus can successfully recover at home. If you start experiencing symptoms which include coughing, fever and shortness of breath, and they become severe – contact your healthcare provider. The CDC believes that symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure.

Tips for the general public:

☑Wash hands often for 20 seconds and encourage others to do the same.

☑If no soap and water are available, use hand sanitizer with at least 60% alcohol.

☑Cover coughs and sneezes with a tissue, then throw the tissue away.

☑Avoid touching your eyes, nose, and mouth with unwashed hands.

☑Disinfect surfaces, buttons, handles, knobs, and other places touched often.

☑ Avoid close contact with people who are sick.

For more information, please see https://www.dshs.texas.gov/coronavirus/.

**Montgomery County Public Health District's** mission is promoting a healthy, resilient community through health education, disease prevention, clinical services, and emergency preparedness. For more information about the Montgomery County Public Health District please go to <a href="https://www.mcphd-tx.org">www.mcphd-tx.org</a>.