Date: 3/26/2020

## COVID-19 UPDATE FOR MONTGOMERY COUNTY

MONTGOMERY COUNTY – Montgomery County Public Health District, in conjunction with Montgomery County Office of Emergency Management, can confirm Montgomery County now has 41 positive cases of COVID-19, an increase of 10 from yesterday. As we continue to take on new cases, we are implementing a new way of presenting the information that is more user-friendly for mass numbers. Instead of listing each case, you will be able to find the information here: https://mcphd-tx.org/coronavirus-covid-19/confirmed-cases/.

The chart will be updated daily by 3:00 p.m.

**The current CDC recommendation is that the majority of people who contract this virus can successfully recover at home.** If you start experiencing symptoms which include coughing, fever and shortness of breath, and they become severe – contact your healthcare provider. The CDC believes that symptoms of COVID-19 may appear in as few as 2 days or as long as 14 days after exposure.

Tips for the general public:

☑Wash hands often for 20 seconds and encourage others to do the same.

☑If no soap and water are available, use hand sanitizer with at least 60% alcohol.

☑Cover coughs and sneezes with a tissue, then throw the tissue away.

☑Avoid touching your eyes, nose, and mouth with unwashed hands.

☑Disinfect surfaces, buttons, handles, knobs, and other places touched often.

☑Avoid close contact with people who are sick.

**For more information, please see** https://www.dshs.texas.gov/coronavirus/.

**Montgomery County Public Health District's** mission is promoting a healthy, resilient community through health education, disease prevention, clinical services, and emergency preparedness.  For more information about the Montgomery County Public Health District please go to www.mcphd-tx.org.